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The Influence of Motivation, Knowledge Learning Project Strengthening Profile of Pancasila (P5) Students Independent Curriculum on Interest in Cultural Food of Indonesian Vegetable Peels in Class 1 Students of SDN Circundeu 01 Tangerang-Selatan

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ABSTRACT

The Influence of Motivation, Learning Knowledge of the Pancasila Profile Project (P5) Independent Curriculum on Interests in My Indonesian Culture Food Pecel in students of SDN Circundeu 01 South Tangerang. This research was conducted to analyze the relationship between motivation, knowledge, and interest in eating Indonesian traditional food, my cultural food, namely Pecel Sayur, in grade 1 students at SDN Circundeu 01, South Tangerang. The data collection technique in this study was by distributing questionnaires. Learning is the main activity in the educational process in schools. Learning is a conscious effort to change attitudes and behavior. In an effort to achieve changes in behavior needed motivation. Motivation is one of the factors that encourage students to want to learn. Motivation to learn can be classified into two, namely intrinsic motivation (states that originate from within the student himself which can encourage him to take learning actions) and extrinsic motivation (states that come from outside the individual student that encourage him to carry out learning activities). Whether there is motivation to learn greatly affects the success of student learning. Learning success will be achieved if there is a will and drive to learn. Learning is a process where there is positive interaction between teachers and students in an effort to achieve learning goals. The achievement of learning objectives is one of the factors that determine the success of teaching and learning. Learning is the main activity in the entire education process in schools. The success of achieving educational goals is very dependent on the effectiveness of the learning process taking place. While learning can be interpreted as a relatively fixed change in individual behavior caused by experience and involving cognitive skills and attitudes in an effort to achieve educational goals. Learning is effective if the interaction between educators and students is active and the expected goals can be achieved within a predetermined timeframe. In connection with the achievement of learning and educational goals, fostering student learning motivation is a very important task for the teacher. Learning will take place effectively if students have motivation in learning. Teachers must make maximum efforts so that students are motivated to learn. Therefore, learning motivation is one of the keys to success in achieving learning goals. Learning motivation must be aroused in students so that students are motivated in learning traditional foods so that grade 1 elementary school students'

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knowledge of traditional foods increases and interest in eating traditional Indonesian food Pecel sayur is high.

Keywords: motivation, knowledge, interest in my cultural food Pecel Vegetable

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PRELIMINARY

Purpose

This study aims to determine the effect of Learning the Pancasila Profile Project (P5) Independent Curriculum on My Culture Food material on the knowledge and interests of grade 1 students at SDN Circundeu 01 in Indonesian Traditional Food. The population in this study were 28 grade 1 students at SDN Circundeu 01 South Tangerang. Indonesia is rich in regional culture with various uniqueness and features. Among these uniqueness and features, one of them is traditional food which has a high taste and variety. With this traditional food, we as educators invite students to get to know and love Jakarta regional cuisine. In the context of implementing the Independent Curriculum, one of them is implementing the Project to Strengthen the Pancasila Student Profile. The Pancasila Student Profile contains dimensions of faith, piety to God Almighty, Global Diversity, mutual cooperation, independence, critical thinking and creativity. The 01 State Elementary School located in Circundeu carries the theme of Local Wisdom. In this case, Class 1 especially took the topic "My Regional Food is My Culture". This topic was deliberately chosen with the hope that traditional food would not be replaced by the large amount of frozen food that children like. Even though these types of food are not necessarily healthy for children, especially children of elementary school age. In fact, many types of our traditional food are processed into delicious food and guaranteed health. One of these traditional foods is "Pecel sayur" consisting of kale, spinach, bean sprouts, cabbage, potatoes sometimes mixed with carrots which are all boiled and drained and mixed with ground peanut sauce which has been used with spices and brown sugar.

Based on the results of the initial research before learning from the sample

population of 28 grade 1 students, the level of student knowledge is very low,

20% and interest is very low, namely 30%, the author will practice the

Learning Method of the Pancasila Profile Project (P5) Independent

Curriculum, my Culture Food material, namely Vegetable Pecel with the aim

so that the motivation, level of knowledge and interest of grade 1 students at

SDN Circundeu 01 in Indonesian Traditional Food Vegetable pecel as the

culture of the Indonesian nation in terms of Indonesian food or culinary which

can be the identity of the Indonesian nation.

METHOD

This research method uses a quantitative approach with data collection

methods through questionnaires and is supported by interviews, observations.

RESULTS

Based on the results of the initial research (Cycle I) before starting learning

the Pancasila Profile Project (P5) Independent Curriculum, my Culture Food

material, namely Vegetable pecel, from a sample population of 28 grade 1

students. The author conducted interviews with 28 grade 1 students which

the author took randomly from a total of 167 students, consisting of 6 class

groups, namely class 1A, 1B, 1C, 1D, 1E, 1F. After the authors conducted the

initial research, the authors observed the learning carried out by teachers in

grades 1A to grade 1F where the teachers conducted learning about the

Pancasila Profile Project Learning (P5) Independent Curriculum, material for

my culture's food, traditional food "Pecel Sayur".

The results of observations after learning (Cycle II) from a total of 167

students, the writer took a random sample of 4 students per class with a total

of 28 students to represent 167 students in grade 1 SDN Circundeu 01. The

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results of the second study (Cycle II) after learning from the sample population

randomly random 28 grade 1 students High motivation 75% very high level

of student knowledge 80% and very high interest 90%.

DISCUSSION

Sambal pecel is a typical food from the city of Kediri with the main ingredients

being peanuts, chilies, brown sugar, tamarind, lime leaves and salt. Pecel is a

food consisting of boiled vegetables and a side dish served on a different base

such as a stick plate called ingke, pincuk or bamboo winnowing according to

the characteristics of the town of origin of pecel. Sambal pecel served with

vegetables, with side dishes of tempeh and peanut brittle with warm rice is a

breakfast dish that makes many people addicted to enjoying it again when they

come to Kediri City.

Identification of Variables and Operational Definitions of Variables The

research variable is an attribute of a person, or object that has variations from

one person to another or one object to another object (Sugionoy; 2008).

Independent Variable

Independent variables are variables that affect or cause changes or the

emergence of the dependent variable (Sugiyono; 2008).

The variables of this study are:

1. Motivation (X1)

Motivation is a series of efforts to provide certain conditions, so that someone

wants and wants to do something and if they don't like it, they will try to negate

or avoid that feeling of dislike. Two functions of motivation in the learning

process are proposed by Wina Sanjaya (2010: 251-252) namely:

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1. Encouraging students to be active

Everyone's behavior is caused by encouragement that arises from within which

is called motivation. The size of a person's enthusiasm for work is largely

determined by the size of that person's motivation. The enthusiasm of students

in completing assignments given by the teacher on time and wanting to get

good grades because students have high motivation to study.

2. As a director

The behavior shown by each individual is basically directed to meet their

needs or to achieve predetermined goals. Thus motivation serves as a driving

force for effort and achievement. The existence of good motivation in learning

will show good results.

Furthermore, according to Winarsih (2009: 111) there are three functions of

motivation, namely:

1. Encouraging humans to act, so as a mover or motor that releases energy.

Motivation in this case is the driving force of every activity carried out.

2. Determine the direction of action in the direction you want to achieve. Thus

motivation can provide direction and activities that must be carried out in

accordance with the formulation of the objectives.

3. Selecting actions, namely determining what actions must be done in order

to achieve goals. So, motivation will provide encouragement, direction and

actions to be taken in an effort to achieve the goals that have been

formulated previously. The function of motivation as a driving force in

achieving achievement, because a person doing business must encourage

his desires, and determine the direction of his actions towards the goals to

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be achieved. Thus students can select actions to determine what to do that is beneficial for the goals to be achieved.

| Cycle 1 | | | | | | |
|---------------------------------------------------|----------|----------|----------|-------------------|----------|--|
| Level of Student Motivation Grade 1 (variable X1) | | | | | | |
| Class | Total | Z-Score | T-Score | Average | 8.333333 | |
| Α | 9 | 0.816497 | 62.16497 | Standar deviation | 0.816497 | |
| В | 8 | -0.40825 | 45.91752 | | | |
| С | 7 | -1.63299 | 33.67007 | | | |
| D | 9 | 0.816497 | 58.16497 | | | |
| E | 8 | -0.40825 | 45.91752 | | | |
| F | 9 | 0.816497 | 58.16497 | | | |
| | 8.333333 | | | | | |

2. Knowledge (X2)

Knowledge is a change in behavior that occurs as a result of past experience. Knowledge indicators are:

Pecel traditional food knowledge.

| Cycle 1 | | | | | | |
|----------|-----------|--------------|-------------|-------------------|----------|--|
| Level of | knowledge | Grade 1 stud | | | | |
| Class | Total | Z-Score | T-Score | Average | 6,5 | |
| Α | 6 | -0,47673 | 49,23268705 | Standar deviation | 1,048809 | |
| В | 5 | -1,43019 | 35,69806116 | | | |
| С | 6 | -0,47673 | 45,23268705 | | | |
| D | 7 | 0,476731 | 54,76731295 | | | |
| E | 8 | 1,430194 | 64,30193884 | | | |
| F | 7 | 0,476731 | 54,76731295 | | | |
| | 6,5 | | | | | |

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| Cycle 2 | | | | | |
|------------|------------|-------------|-------------|-------------------|----------|
| Level of k | nowledge o | f Grade 1 s | tudents (va | riable X2) | |
| Class | Total | Z-Score | T-Score | Average | 27.33333 |
| Α | 27 | -0.32275 | 49.23269 | Standar deviation | 1.032796 |
| В | 26 | -1.29099 | 35.69806 | | |
| С | 27 | -0.32275 | 45.23269 | | |
| D | 28 | 0.645497 | 54.76731 | | |
| E | 29 | | 64.30194 | | |
| F | 27 | | 54.76731 | | |
| | 6.5 | | | | |

2. Dependent Variable

The dependent variable is a variable that influences or causes due to the independent variable. In this research that is used as a variable

dependent is:

1. Interest (Y)

The indicators are:

- a. Hope.
- b. Establishment.
- c. Happy with the food choices

| Cycle 1 | | | | | | |
|------------|-----------|-------------|-------------|--------------------|----------|--|
| Grade 1 St | udent who | are Interes | | | | |
| Class | Total | Z-Score | T-Score | Average | 8.333333 | |
| Α | 9 | 0.816497 | 62.16496581 | Standard deviation | 0.816497 | |
| В | 8 | -0.40825 | 45.9175171 | | | |
| С | 7 | -1.63299 | 33.67006838 | | | |
| D | 9 | 0.816497 | 58.16496581 | | | |
| E | 8 | -0.40825 | 45.9175171 | | | |
| F | 9 | 0.816497 | 58.16496581 | | | |
| • | 8.333333 | | | | | |

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| Cycle 2 | | | | | | |
|------------|------------|--------------|------------------|--------------------|-----------|--|
| Grade 1 st | udents who | o are intere | sted(variable Y) | | | |
| Class | Total | Z-Score | T-Score | Average | 27.166667 | |
| Α | 29 | 1.568231 | 62.16496581 | Standard deviation | 1.1690452 | |
| В | 27 | -0.40825 | 45.9175171 | | | |
| С | 28 | -1.63299 | 33.67006838 | | | |
| D | 26 | 0.816497 | 58.16496581 | | | |
| Е | 27 | -0.40825 | 45.9175171 | | | |
| F | 26 | 0.816497 | 58.16496581 | | | |
| | 8.333333 | | | | | |

CONCLUSION

Based on the results of the initial research cycle 1 of the sample population of 28 grade 1 students, the level of student knowledge was very low, namely 20% with an interest in a standard deviation of 0.82, after practicing the Pancasila Profile Project Learning Method (P5) of the Independent Curriculum, my Culture Food material, the interest in the standard deviation of 1.17 increased.

In his suggestions, the author really needs to apply the Pancasila Profile Project Learning (P5) Independent Curriculum, my Culture Food material, namely Vegetable Pecel, to grade 1 students at Circundeu 01 school to increase students' knowledge and interest.

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